

86

DAILY

Sundays
(Evenings excepted)Mile End
Station

Limehouse

Bromley-by-Bow
Station

Bow Bridge

Stratford

Forest Gate

Manor Park

Ilford

Seven Kings

Chadwell Heath

Romford Town Hall

Romford

Mon-Fri peak hours

INNER

OUTER

FARE ZONES

PLEASE HAVE YOUR FARE READY TO PAY THE DRIVER

Mondays to Fridays

NOTE Between Stratford and Romford extra buses provide a service as follows until 1830: Stratford to Ilford every 6 minutes; Ilford to Romford every 5-6 minutes during peak hours.

Mile End Station	0636	0640	0645	0652	0655	0704	0710	0715	0720	0725	0741
Bow Church	0636	0640	0645	0652	0655	0704	0710	0715	0720	0725	0741
Stratford Broadway	0636	0640	0645	0652	0655	0704	0710	0715	0720	0725	0741
Forest Gate Green Street	0636	0640	0645	0652	0655	0704	0710	0715	0720	0725	0741
Manor Park Broadway	0636	0640	0645	0652	0655	0704	0710	0715	0720	0725	0741
Ilford Clements Road	0636	0640	0645	0652	0655	0704	0710	0715	0720	0725	0741
Seven Kings Garage	0512	0532	0552	0559	0602	0612	0623	0632	0639	0647	0652
Chadwell Heath Coopers Arms	0517	0537	0557	0605	0607	0617	0628	0637	0644	0652	0658
Romford Station	0529	0549	0609	0619	0619	0629	0641	0651	0658	0706	0711
Mile End Station	0656	0700	0712	0721	0721	0731	0742	0753	0804	0815	0827
Bow Church	0656	0700	0712	0721	0721	0731	0742	0753	0804	0815	0827
Stratford Bus Station	0656	0700	0712	0721	0721	0731	0742	0753	0804	0815	0827
Stratford Broadway	0705	0712	0721	0731	0731	0742	0753	0804	0815	0827	0839
Forest Gate Green Street	0712	0721	0731	0742	0742	0753	0804	0815	0827	0839	0851
Manor Park Broadway	0715	0726	0736	0748	0748	0759	0811	0823	0835	0847	0859
Ilford Clements Road	0724	0736	0748	0759	0759	0811	0823	0835	0847	0859	0911
Seven Kings Garage	0725	0730	0736	0742	0748	0754	0800	0806	0812	0818	0824
Chadwell Heath Coopers Arms	0730	0736	0742	0748	0754	0800	0806	0812	0818	0824	0830
Romford Station	0747	0753	0759	0805	0811	0817	0823	0829	0835	0841	0847
Mile End Station	1625	1630	1636	1642	1648	1654	1700	1706	1712	1718	1724
Bow Church	1625	1630	1636	1642	1648	1654	1700	1706	1712	1718	1724
Stratford Bus Station	1625	1630	1636	1642	1648	1654	1700	1706	1712	1718	1724
Stratford Broadway	1637	1642	1648	1654	1654	1700	1706	1712	1718	1724	1730
Forest Gate Green Street	1646	1651	1657	1703	1703	1709	1715	1721	1727	1733	1739
Manor Park Broadway	1655	1700	1706	1712	1712	1718	1724	1730	1736	1742	1748
Ilford Clements Road	1705	1710	1716	1722	1722	1728	1734	1740	1746	1752	1758
Seven Kings Garage	1712	1717	1723	1729	1729	1735	1741	1747	1753	1759	1805
Chadwell Heath Coopers Arms	1718	1723	1729	1735	1735	1741	1747	1753	1759	1805	1811
Romford Station	1735	1740	1746	1752	1752	1758	1804	1810	1816	1822	1828

Saturdays

NOTE Between Ilford and Romford extra buses provide a service every 5 minutes during shopping hours.

Stratford Bus Station	0639	0703	0751	0803	0815	0827	0839	0851	0903	0915	0927
Stratford Broadway	0643	0707	0755	0807	0819	0831	0843	0855	0907	0919	0931
Forest Gate Green Street	0650	0714	0802	0814	0826	0838	0850	0902	0914	0926	0938
Manor Park Broadway	0652	0716	0804	0816	0828	0840	0852	0904	0916	0928	0940
Ilford Clements Road	0652	0716	0804	0816	0828	0840	0852	0904	0916	0928	0940
Seven Kings Garage	0514	0544	0606	0635	0650	0659	0707	0714	0723	0731	0739
Chadwell Heath Coopers Arms	0519	0549	0611	0640	0655	0704	0712	0719	0728	0736	0744
Romford Station	0531	0601	0623	0655	0719	0727	0739	0743	0751	0803	0815
Stratford Bus Station	0839	1812	1817	1826	1833	1838	1848	1900	1906	1912	1918
Stratford Broadway	0843	1816	1821	1830	1838	1843	1853	1905	1911	1917	1923
Forest Gate Green Street	0850	1823	1828	1837	1845	1850	1900	1912	1918	1924	1930
Manor Park Broadway	0852	1828	1833	1842	1849	1854	1904	1916	1922	1928	1934
Ilford Clements Road	0901	1836	1841	1850	1857	1902	1912	1924	1930	1936	1942
Seven Kings Garage	0909	1842	1847	1856	1903	1908	1918	1930	1936	1942	1948
Chadwell Heath Coopers Arms	0914	1848	1853	1902	1907	1914	1924	1936	1942	1948	1954
Romford Station	0933	1903	1908	1917	1924	1929	1939	1951	2003	2015	2027

Sundays and Public Holidays

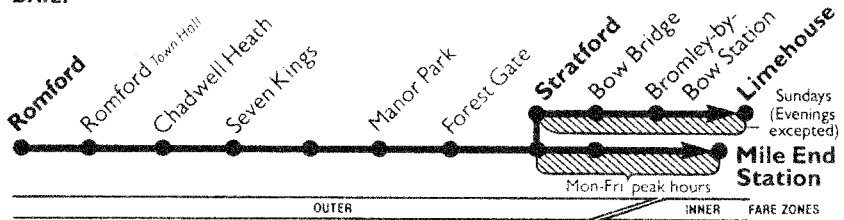
Limehouse Burdett Road	0740	0810	0840	0910	0939	0949	0959	1009	1019	1029	1039
Bromley-by-Bow Station	0748	0818	0848	0918	0947	0957	1007	1017	1027	1037	1047
Stratford Bus Station	0709	0804	0834	0904	0934	0964	0994	1024	1054	1084	1114
Stratford Broadway	0713	0753	0808	0823	0838	0853	0908	0923	0939	0954	1009
Forest Gate Green Street	0720	0800	0815	0830	0845	0900	0915	0930	0946	1001	1016
Manor Park Broadway	0722	0802	0817	0832	0847	0902	0917	0932	0948	1003	1018
Ilford Clements Road	0730	0810	0825	0840	0855	0910	0925	0940	0955	1010	1025
Seven Kings Garage	0648	0722	0736	0816	0831	0846	0901	0916	0931	0946	1001
Chadwell Heath Coopers Arms	0653	0727	0741	0821	0836	0851	0906	0921	0936	0951	1006
Romford Station	0705	0740	0754	0834	0849	0904	0919	0934	0952	1009	1025
Limehouse Burdett Road	1909	1917	1924	1931	1938	1945	1952	2000	2007	2014	2021
Bromley-by-Bow Station	1913	1921	1928	1935	1942	1949	1956	2003	2010	2017	2024
Stratford Bus Station	1913	1921	1928	1935	1942	1949	1956	2003	2010	2017	2024
Stratford Broadway	1918	1921	1924	1927	1930	1933	1936	1939	1942	1945	1948
Forest Gate Green Street	1925	1928	1931	1934	1937	1940	1943	1946	1949	1952	1955
Manor Park Broadway	1929	1935	1940	1945	1950	1955	2000	2005	2010	2015	2020
Ilford Clements Road	1937	1943	1948	1953	1958	2003	2008	2013	2018	2023	2028
Seven Kings Garage	1943	1949	2004	2009	2014	2019	2024	2029	2034	2039	2044
Chadwell Heath Coopers Arms	1955	2010	2025	2040	2055	2110	2125	2140	2155	2210	2225
Romford Station	2010	2025	2040	2055	2110	2125	2140	2155	2210	2225	2240

A - Starts from Ilford Broadway.

B - Continues to Chadwell Heath/Wangey Road.

Please
have your
fare
ready to

**PAY THE
DRIVER**



Mondays to Fridays

NOTE Between Romford and Stratford extra buses provide a service as follows until 1800: Romford to Ilford every 5-6 minutes; Ilford to Stratford every 6 minutes during peak hours.

Romford Station	0538	0559	0617	0629	0639	0651	0703	0715
Chadwell Heath Coopers Arms	0550	0611	0630	0643	0655	0707	B	0720
Seven Kings Garage	0543	0606	0616	0626	0636	0649	0655	0709
Ilford Clements Road	0548	0600	0611	0621	0631	0642	0649	0655
Manor Park Broadway	A	0609	0620	0631	0643	0654	0701	0707
Forest Gate Green Street	0612	0623	0635	0647	0653	0658	0705	0711
Stratford Broadway	0616	0632	0647	0707	0710	0717	0723	0730
Stratford Bus Station	0623	0637	0652	0704	0715	0725	0735	0744
Bow Church	0627	0642	0657	0709	0721	0735	0750	0802
Mile End Station	0627	0642	0657	0709	0721	0735	0750	0802
Romford Station	0727	0738	0826	0844	0850	0902	0915	0927
Chadwell Heath Coopers Arms	0744	0756	0814	0826	0830	0844	0855	0905
Seven Kings Garage	0750	0802	0814	0826	0830	0844	0855	0905
Ilford Clements Road	0759	0811	0826	0830	0834	0838	0844	0855
Manor Park Broadway	0813	0825	12	0913	0931	0937	0949	1002
Forest Gate Green Street	0819	0831	mins.	0919	0937	0943	0955	1008
Stratford Broadway	0836	0848	until	0936	0951	0956	1006	1016
Stratford Bus Station	0843	0855	0943	0957	1004	1018	1028	1038
Bow Church	0850	0902	0950	1004	1018	1028	1038	1048
Mile End Station	0850	0902	0950	1004	1018	1028	1038	1048

Romford Station	1735	2256	2312	2320	2332	2344	2356	2358
Chadwell Heath Coopers Arms	1751	about 2310	2324	2332	2344	B	2356	0008
Seven Kings Garage	1757	every 2315	2329	2337	2349	2356	0001	0016
Ilford Clements Road	1804	12	2320	2334	2348	2356	0001	0016
Manor Park Broadway	1815	mins.	2329	2343	2357	2365	0001	0016
Forest Gate Green Street	1820	until	2332	2346	2360	2368	0001	0016
Stratford Broadway	1827	2338	2352	2406	2420	2434	0001	0016
Stratford Bus Station	1829	2340	2354	2408	2422	2436	0001	0016

Saturdays

NOTE Between Romford and Ilford extra buses provide a service every 5 minutes during shopping hours.

Romford Station	0536	0606	0636	0700	0724	0736	0748	0800
Chadwell Heath Coopers Arms	0548	0618	0649	B	0713	B	0737	0749
Seven Kings Garage	0540	0603	0623	0639	0654	0706	0718	0730
Ilford Clements Road	0545	0608	0628	0645	0700	0712	0724	0736
Manor Park Broadway	A	0607	0639	0656	0711	0723	0735	0747
Forest Gate Green Street	0610	0642	0659	0714	0726	0738	0750	0802
Stratford Broadway	0616	0648	0705	0720	0732	0744	0756	0808
Stratford Bus Station	0618	0650	0707	0722	0734	0746	0758	0810
Romford Station	0900	1820	2232	2244	2256	2312	2320	2332
Chadwell Heath Coopers Arms	0916	1834	Then	2246	2258	2310	2324	2332
Seven Kings Garage	0922	1840	every	2252	2304	2315	2329	2337
Ilford Clements Road	0929	1845	12	2257	2309	2320	2334	2346
Manor Park Broadway	0942	10	1855	mins.	2307	2318	2329	2343
Forest Gate Green Street	0945	minutes	1859	until	2311	2321	2332	2346
Stratford Broadway	0952	until	1905	2317	2327	2338	2352	2406
Stratford Bus Station	0954	1907	2319	2329	2340	2354	2408	2422

Sundays and Public Holidays

Romford Station	247	C	0710	0745	0813	0843	0905	20	35	50	05	1750
Chadwell Heath Coopers Arms	0611	0639	0658	0713	0727	0747	0802	0818	0830	0846	0900	0914
Seven Kings Garage	0616	0639	0658	0713	0727	0747	0802	0818	0830	0846	0900	0914
Ilford Clements Road	0625	0644	0703	0719	0733	0753	0808	0824	0836	0852	0906	0920
Manor Park Broadway	D	0653	0713	0729	0743	0803	0818	0834	0846	0902	0916	0930
Forest Gate Green Street	0656	0716	0732	0746	0806	0821	0837	0849	0905	0919	0933	0945
Stratford Broadway	0702	0722	0738	0752	0812	0827	0843	0855	0911	0925	0939	0951
Stratford Bus Station	0704	1	0740	1	0829	1	0853	0911	0925	0939	0951	1003
Bromley-by-Bow Station	0729	0759	0819	0840	0850	0918	0928	0946	0953	1011	1025	1039
Limehouse	0735	0805	0825	0856	0906	0924	0934	0953	1003	1017	1031	1045
Romford Station	1805	1820	1835	1851	1907	1923	2223	2240	2253	2313	2318	2329
Chadwell Heath Coopers Arms	1819	1834	1849	1905	1921	1937	2237	2254	2307	2325	2330	2341
Seven Kings Garage	1825	1840	1855	1911	1927	1943	2243	2300	2312	2330	2335	2346
Ilford Clements Road	1831	1846	1901	1916	1932	1948	2248	2305	2317	2335	2340	2351
Manor Park Broadway	1841	1856	1911	1926	1942	1958	2258	2315	2326	2344	2349	2359
Forest Gate Green Street	1845	1900	1915	1930	1946	2002	2302	2317	2329	2347	2352	2402
Stratford Broadway	1851	1906	1921	1936	1952	2008	2308	2323	2335	2353	2408	2423
Stratford Bus Station	1853	1908	1923	1938	1954	2010	2310	2325	2337	2355	2410	2425

A - Continues to Ilford Broadway.

C - Starts from Romford North Street/The Avenue via Romford Market.

B - Starts from Chadwell Heath Wangey Road.

D - Continues to Chigwell Row Maypole via Ilford Broadway.